



Volunteer Opportunities

COVID-19 has affected every aspect of life, and no matter what you are passionate about, there's a way you can help. You can volunteer with seniors, hospital workers, animals, students who are falling behind, or those affected by natural disasters. You can even help with COVID-19 relief itself.

If you're concerned about exposure to the virus, there are many virtual volunteer opportunities available. And no matter where you're volunteering, follow CDC guidelines regarding social distancing and personal safety.

The volunteer organizations and opportunities below are appropriate for teenagers.

North Texas Volunteer Opportunities

[American Red Cross North Texas Youth Volunteer Programs](#)

[COVID-19 Volunteer Opportunities through VolunteerMatch.org](#)

[North Texas Food Bank](#)

[Voly.org Local and Virtual Volunteer Opportunities](#)

[Search JustServe.org Opportunities](#)

[United Way Volunteer Opportunities](#)

[LovePacs to Combat Food Insecurity](#)

[YMCA of Metropolitan Dallas](#)

Virtual Volunteer Opportunities

[Virtual Volunteer Opportunities through VolunteerMatch.org](#)

[Become a Virtual Friendly Visitor for Older Adults in Dallas-Area Long-Term Care Facilities](#)

[Become a Virtual Reading Partner for a Local Student](#)

[Voly.org Local and Virtual Volunteer Opportunities](#)

DIY Volunteer Opportunities

Sometimes the best opportunities are those you develop yourself. If you have a skill or talent you can share, do it!

- Write letters to patients in local COVID-19 units
- Put on a virtual music performance for residents at a long-term care facility
- Contact local elementary school or middle school teachers and offer to tutor a few students
- Make hope packs for children entering foster care
- Contact your religious organization and ask about opportunities
- And so much more!