



Understanding the College Admissions Process

(students and parents)

Families will learn about how the admissions process works in the U.S., how colleges evaluate applications, and the timeline for applying to college.



Exploring Majors and Careers (students, parents optional)

Students will be guided through their assessment results, including how to explore college programs and careers.



Paying for College (students and parents)

Families will learn about the average cost to attend college and how those costs differ by college type. Different types of financial aid will also be discussed.



Researching Colleges (students and parents)

Families will learn how to research colleges and universities and how to narrow down their list of potential schools.



Finalizing Your College List (students and parents)

Families will examine current college choices, including academic programs, likelihood of admission, cost, and other important factors.



Requesting Letters of Recommendation (students)

Students will learn how colleges use letters of recommendation, how to choose recommenders, tips for getting a strong letter, and how to submit them.



Creating a Resume & Activity List (students)

Students will learn about the importance of a detailed and complete college resume, as well as how to format one and use it to create an activity list.



Completing Applications (students)

This session will walk students through completing the Common Application. Examples of other applications will also be provided.



Telling Your Story (students)

Students will learn about the importance of clear, concise, and engaging writing. We will also discuss common writing mistakes and how to avoid them.



Brainstorming & Writing Your Personal Statement (students)

Students will learn how to write an effective and engaging personal statement that can be submitted to colleges. They will also learn to brainstorm essay topics.



Writing Supplemental Essays (students)

Students will learn how supplemental essays differ from the personal statement and how to approach writing them.



Preparing for Interviews (students)

Students will learn about the purpose of interviews and how to schedule and prepare for interviews. Students will also discuss common interview questions and how to answer effectively.



Completing the FAFSA and CSS Profile

(students and parents)

Families will learn about the FAFSA and CSS profile, including how and when to complete the forms, who needs to complete them, and what information is required.



Understanding Housing, Portals, and Other

Details (students, parents optional)

Students will learn what to expect after submitting applications, including how to track important steps for financial aid, housing, and other college requirements.



Comparing Financial Aid Packages (students and parents)

Families will learn how to compare financial aid packages, loan terms, scholarships, and other aid.



Making Your Final Decision

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Students will learn how to handle the stress of making a final decision by reviewing what they have learned and celebrating their accomplishments.